



**COUGH?
SNEEZE?
Cover it!**
Don't spread it!
Cover your coughs
and sneezes.
*Avoid spreading
the flu!*



Maryland Department of Health
and Mental Hygiene
Martin O'Malley, Governor
Anthony G. Brown, Lt. Governor
John M. Colmers, Secretary, DHMH

www.flu.maryland.gov • 1-877-MDFLU4U
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